 

 **NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION**

 **SENIOR & MASTERS CROSS COUNTRY RELAYS cc2022/0313 THORNLEY HALL FARM, PETERLEE, DH6 3LY**

 **MARCH 19th 2022**

 **11.00 MASTERS WOMEN 40+ 3 x 3k**

 **11.50 MASTERS MEN 40+ 3 x 3k**

 **12.40 SENIOR WOMEN 3 x 3k**

 **13.30 SENIOR/U20 MEN (3x3k) 4 x 3k**

**CONDITIONS OF ENTRY – The Championships are open to members of NECAA clubs affiliated to England Athletics who meet one of the following criteria: 9- month residential qualification and/or have NE Counties birth qualification. All entrants must be first claim members (G2 S6)**

**ENTRIES £15.40 per team (SM £20.60). ENTRIES CLOSE WEDNEDAY MARCH 9**

[**https://northeastmastersathletics.weebly.com/necaa.html**](https://northeastmastersathletics.weebly.com/necaa.html) **Entries open FEBRUARY 1**

**DECLARATIONS ONLINE BEFORE 7pm Thursday March 17th. Alterations no later than 30 minutes before the start of each race**

**CLUBS MAY ENTER A and B TEAMS in each category. NO REFUNDS WILL BE GIVEN. Please leave the venue after each race to assist with CAR PARKING**

**RUNNERS CAN RUN IN ONE CATEGORY ONLY and ONLY ONE LEG**

**CLUB COLOURS MUST BE WORN T5 S 1.3**

**NECAA CHAMPIONSHIP MEDALS WILL BE AWARDED (one set of medals per club in each category) – last leg runners will collect the medals.**

**RESULTS – NECAA and NEMAA Websites and Facebook**

**ENQUIRIES – NECAA Cross Country Secretary Archie Jenkins** **archiemeadowriggs@btinternet.com** **ENTRY ENQUIRIES – Val Baxter** **masterstracksec@gmail.com**